

Summer 2017 Compassionate Ocean Dharma Center Registration Form

Name: _____

Address: _____

Email: _____

Telephone Numbers: Home (_____) _____ Cell (_____) _____

To register, please check the appropriate activities.

Unless otherwise indicated all events will take place at Compassionate Ocean Dharma Center, 652 17th Avenue NE, Minneapolis, MN 55413.

Total Dynamic Living—Introductory Program in Mindfulness

(\$25 deposit; \$295 + \$35 materials fee)

- Minneapolis, Tuesday evenings, May 30—July 25, 6:30—9:00 P.M. (#192)
- St. Paul, Thursday evenings, June 8—July 27, 6:30—9:00 P.M. (#273)

Buddhist Studies Class

\$160 (members \$140)

(includes course text: *The Essential Teachings of Thich Nhat Hanh*)

- The Wonderful Teachings of Thich Nhat Hanh
Wednesday evenings, June 7—July 26, 7:00 P.M.—8:45 P.M. (#B82)

For a Future to Be Possible

(There are no fees, but sign up in advance by emailing the Center at admin@OceanDharma.org)

- Friday, May 26, 6:00 P.M. Potluck, 7:00 P.M. Presentation and Discussion
- Friday, June 23, 6:00 P.M. Potluck, 7:00 P.M. Presentation and Discussion

Total Dynamic Living: One-Day Retreat

(by donation for program alumni)

- Saturday, July 22, 9:00 A.M.—3:00 P.M.

Weekend Sesshin at Ryumonji Monastery

(enclose payment of \$175, members \$150) (includes meals and lodging)

Friday, June 16, 7:00 P.M.—Sunday, June 18, 1:00 P.M.

Enrollment for these activities is limited, and early registration is encouraged.

To register, send this form along with the nonrefundable deposit listed (payable to Compassionate Ocean) to:

Compassionate Ocean Dharma Center
652 17th Ave. NE
Minneapolis, MN 55413

Or register online on our website, www.OceanDharma.org.

Please call or email if you have questions; (612) 781-7640 or admin@OceanDharma.org.